

575-682-3022

SACRAMENTO MOUNTAINS SENIOR SERVICES, INC. 1% Milk served w/meal
 SERVING CLOUDCROFT, HIGH ROLLS & MOUNTAIN COMMUNITY CITIZENS AGED 60 +

CALL FOR RESERVATION BEFORE 8:30

May

LUNCH SERVED 11:30 TO 12:15

Menu Subject to Change			THURSDAY 1, 2024 Shredded Chicken & Bean Burrito Zucchini & NAS diced tomatoes Banana	Friday 2, 2024 Posole w/Pork Beets and Carrots Flour tortilla Pineapple and mandarin oranges
MONDAY 5, 2024 Mexican Goulash Italian Vegetables Low Sodium Crackers Diced Pear	TUESDAY 6, 2024 Chicken Fried Chicken California Blend Vegetables Mashed Potato /w Country Gravy Wheat roll Mixed Fruit	WEDNESDAY 7, 2024 Beef & Papas Pinto Beans Broccoli Strawberries	THURSDAY 8, 2024 Chicken Wrap Pasta Salad Sweet Potato Fries	FRIDAY 9, 2024 Red Chile Beef Enchiladas Lettuce & Tomato Spanish Rice Pinto Beans Calabacitas Orange
MONDAY 12, 2025 Baked Fish Scalloped Potatoes Green Beans Wheat roll Grapes	TUESDAY 13, 2025 Green Chile Cheeseburger Coleslaw w/ dressing BBQ Chips Berries in Cream	WEDNESDAY 14, 2025 Macque Choux Scandinavian Blend Vegetables Corn Bread Light nonfat yogurt Cherry vanilla	THURSDAY 15, 2025 Beef and Bean Burrito Brown Rice Calabacitas Banana	Friday 16, 2025 Chicken caldillo spinach Cornbread Orange
MONDAY 19, 2025 Tamale w/ Red Chile Pinto Beans Chateau blend vegetables Flour Tortilla Diced Mango	TUESDAY 20, 2025 Herbed Chicken Breast Herbed Italian Rice Cucumber and tomato salad Garden Blend vegetables Wheat roll Warm Sliced Apples	WEDNESDAY 21, 2025 Beef Taco Skillet Corn Spanish Rice Flour Tortilla Mixed Fruit	THURSDAY 22, 2025 Chicken Alfredo w/Penne Italian Vegetables Wheat roll Tropical Fruit Salad	FRIDAY 23, 2025 Sloppy Joes Sweet potatoes Diced Tomato w/ Jalapenos, onions Broccoli Salad Chopped Cantaloupe
MONDAY 26, 2025 MEMORIAL DAY CENTER IS CLOSED	TUESDAY 27, 2025 Green Chile Beef Stew Zucchini and Diced tomatoes Cornbread Apricots	WEDNESDAY 28, 2025 Hot Dog Three Bean salad Light Yogurt nonfat vanilla yogurt Fresh Pear ROADRUNNER	THURSDAY 29, 2025 Chicken Fajita Spanish Rice Spinach w/ onions Salsa Strawberries and banana	FRIDAY 30, 2025 Frito Pie Roasted Cauliflower Oatmeal Cookie Tropical Fruit Salad